



ICD Melbourne, PO Box 95, Balaclava, 3184 | mail@aainnercity.com | www.aainnercity.com

Inner City District Meeting Minutes

Monday 6th April 2020 7:30pm

Online Via Zoom - <https://us04web.zoom.us/j/6025404012>

Opening - Welcome from Mark

- ON-LINE Meeting Preamble
- Welcome and AA Preamble - XXXX

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

- Member to read District Statement of Purpose: XXXX

The Primary Purpose of the AA District is the same as of all AA activity - to carry the message to the alcoholic who still suffers, wherever he/she may be. The District seeks ways and means of accomplishing this goal by serving as a forum for sharing the experience, strength and hope of the General Service Representatives who come together each month from the groups in the District.

Experience teaches us that developing a sound structure enables us to carry our message more effectively to those alcoholics still suffering in our community, and to remain strong and united for those of the next generation.

DISTRICT MEETINGS serve the following purposes:

- To provide support, guidance and information for the GSR's
- To maintain communication links between groups, members and AA as a whole
- To suggest, discuss and plan means of carrying the message to those alcoholics still suffering in the district community
- To seek ways to improve the structure and unity of the District groups

These goals are achieved through discussion, workshops, sharing sessions, use of service literature and audio-visual material, visits by guests from other AA service areas, sharing group problems, etc. The emphasis shall always be on GSR sharing.

- Member to read long form of Tradition 4

1. Apologies –

2. Roll call and GSR updates (1-minute update)

- Committee Members: Name, role (report comes in later section)
- GSRs: Group name & location / what's working? / help needed? / questions for other GSRs and PI Outreach Work
- On-line presence do you have one how's that going?

Roslyn R – GSR There is a solution – New GSR. Not currently on zoom.

Alex R – ICD Secretary, GSR MMG – On Zoom going well, strong attendance. Zoom Steering committee.

Spencer M – GSR Happy Destiny – Now online – 50-60 people. Issues with trolling, but under control. 7th going alright.

Simon R ICD Literature

Seamus C – PI Coordinator

Alan B GSR Common Welfare Recovery – Now Online – 17 at last meeting. GC upcoming.

Geoff Smith Area F Delegate

Belle – ICD Data Base Coordinator

Lani – GSR Way of Life – On Zoom for 2/52. Issues with trolls. Password protected. Starting phone list for newcomers.

Rian K – ICD Treasurer

Mark M – ICD DCM

Justin D – ICD Alt DCM, GSR Serenity Now – On Zoom. Donations being made direct to National Office.

Rohan A – GSR The Deal Mens Group – On Zoom. Going Well.

John B – GSR Progress Not Perfection – On Zoom for 3 weeks. Up to 180 online. Several GCs held to workout kinks.

Daryl H – Mitcham Group – Observing meeting

Emma – GSR A New Journey – On Zoom for 2 weeks. Nil issues. Better attendance on Zoom than in person.

Rachel – GSR Lives in Session. On Zoom for 2 weeks. Sub group for zoom issues. Large attendance. Struggling with 7th tradition.

Geoff S – Area F Delegate – Last Area Assembly cancelled. Teleconferences upcoming for AA service committees. Looking to share innovations for online meetings. Praised ICD for being most active District in the country. Suggested groups be careful around locking meetings in regards to tradition three.

3. Acceptance of previous minutes –

4. Committee Vacancies and Elections –

5. Committee reports

- DCM – Mark

Spoken to 12 step office/meetings and David M about how AA will support meetings currently, particularly to do with zoom issues/trolls. Suggestions: Waiting Room to filter attendees, Password, Co-host constantly monitoring and potentially more co-hosts to manage trolls. Potentially taking away chat/video/audio privileges. Clearly defined roles.

Issues with Literature – Suggestion is links to purchasing literature in 12 step office.

As per the GSO – Meetings should no longer be running in person.

7th Tradition – Suggest groups share 7th tradition account details at the start of the meeting to avoid people logging off. ICD GSO and 12 step office still needs donations throughout this time. Suggestion is for members to potentially setup automatic bank transfers for their home groups.

DOCTORS FORUM: Great turnout despite Covid-19.

-Professionals Forum

-News from the GSO re: COVID-19

-What can ICD do for groups

- Alt DCM - Justin
- Treasurer – Rian

-Increasing donations in buildup to Doctors Forum. Group donations above average currently. See attached report.

-

- Webmaster/Secretary - Alex
- PI Co-ordinator / PI Sub-committee – Seamus

-Big Issue suspending operations for time being. Suggested it might be time for us to be advertising online.

DOCTORS FORUM: Have full recording. Keen to get that on the website.

-Strong championing for AA by the Medical Professionals. Thankyou Emails sent out to those who attended. Unfortunately, a lot of late cancellations, but sentiment was that those who cancelled very much wanted to attend.

- PI Literature/Chair of Doctors Forum – Simon

-Challenges for Literature. PI Drives have been cancelled. Currently have good stock.

- PI database officer – Bel

-Working on backend. Nil New Info due to cancellation of PI Drives but lots of data collected from Doctors Forum.

- Rehab Coordinator – Nikita

-Currently calling rehabs and trying to offer support online. Not currently getting through to rehabs. Looking to expand service roles for members to reach rehabs.

6. Items from previous meeting/s

-Expenditure protocol previously raised by Rachel

7. New business:

Rehab ideas, what areas need ICD, what can ICD do to help groups?

MARK – How can we best help groups in the current landscape? GSR's can use ICD Zoom account if need be to help support groups. However, any established meetings should be paying for their own zoom meeting accounts. But ICD can potentially support new meetings.

Discussion around the management of trolls and closing meetings and finding the balance between closing meetings and blocking out newcomers.

8. **Meeting Closed with the Serenity Prayer 'we' version:** *God Grant us the Serenity to accept the things we cannot change, the courage to change the things we can and the wisdom to know the difference.*

Next PI meeting – Monday 20th April 2020 @ 7:30PM

Next Regular meeting – Monday 4th May 2020 @ 7:30PM

What's on

Bank details for groups to donate to ICD: Account name: Melbourne Inner City District AA; BSB: 033 039; Account number: 248688	Bank details for groups to donate to Area F: Account Name: AA AREA F; BSB: 033243; Account # 599186
<p style="color: red; text-align: center;">Please ask your group's treasurer to use group name as reference so your donation can be identified</p>	

Service opportunities

- Windana detox roster. Coordinated by Melbourne Men's Group. Coordinator: Matthew matthew@somat.com.au
- Victorian Prisons intergroup roster: Opportunity to share at prisons. victorianprisonsintergroup@hotmail.com
- Dandenong SEADS detox unit roster: coordinated by the There is a Solution group. Contact Lesley: 0417 588 922 or Greig 0435 076 622.
- Wellington House (Box Hill) roster – David W 0419 373 378.
- Melbourne Clinic Detox/Rehab roster - Anthony 0401 408 741.
- Tandana Youth Rehab (Mt Waverley) roster. Coordinated by the Young People's group (South Yarra). Contact Andy 0490 137 937.
- St Vincent's Department of Addiction Medicine roster coordinated by Christie R from Way of Life Group in Albert Park phone: 0407 095 719.

Please email mail@aainnercity.com with any updates or additions for What's On or service opportunities.

Other 12th Step opportunities

- **Meetings and events in Victoria:** <http://aatimes.org.au/>
- **Host a PowerPoint presentation for your group:**
Illustrated Steps (David M 0414 908 304; e: editor@aatimes.org.au) on the steps, Traditions, concepts and related topics
- **AA meetings online** - www.paltalk.com & www.aa-oztralia.net
- **AA speakers via video chat.** Email - gregd@levelplayingfield.org

Resources available through ICD

- **ICD DropBox folder:** email mail@aainnercity.com or ask ICD secretary for an invitation to the folder
- **Service manuals** can be purchased through your group's literature officer, from the Prahran office, downloaded via <http://aaservice.org.au/members/ServiceManual> or accessed via in the ICD DropBox folder.
- **ICD PI toolkit:** a box stocked with everything your group needs to do a public information literature drop and increase awareness of AA in your area. Please coordinate with **ICD PI literature officer**.
- **AA info Postcards for Professionals** - always available at ICD for groups to take
- **National service website:** www.aaservice.org.au. Valuable source of service information and resources from around Australia. You just need to request a log in via the website.
- **Public Information Packs** always available at ICD for groups to take
- **Business cards** always available at ICD for groups to take
- **New meeting start-up kits available,** Banners (Steps and Traditions), service manual and group handbook. Please contact Mark or mail@aainnercity.com

Declaration of Responsibility

I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.

- Introduced in July 1965 at the 30th Anniversary International Convention in Toronto, Canada